

Packing List:

This list was developed to serve as a guide when packing your child for camp. It is based on normal camp usage and typical weather. Keep things simple and inexpensive. Clothing should be able to survive a commercial laundry and not require any special care. Mark each item with your child's full name. Be sure to label every item including toiletries, pillows, sports equipment and personal items.

Qty	Item	Qty	Item
	Required Bedding & Linens:		Clothing:
1	Warm blanket	12	Short-sleeved shirts
1	Pillow	6	Long-sleeved shirts
1	Sleeping Bag	12	Pairs of shorts
2	Twin fitted sheets	4	Jeans
2	Pillowcases	4	Sweatpants
4	Bath towels	14	Pairs of underwear
4	Beach towels	20	Pairs of socks
2	Face towels	4	Bathing suits
2	Laundry bags	2-3	Pairs of pajamas
		4	Sweatshirts
	Other required items:	1	Heavy jacket
1	Refillable Water Bottle	2	Shabbat outfits- see below
1	Flashlight & batteries	1	Hat or baseball cap
	Stationery & envelopes (pre-addressed preferred)	1	Hooded raincoat or poncho
	Stamps		
	Pens & pencil		Shoes:
		2-3	Pairs of sneakers
	Backpack or small duffel bag for overnights and day trips	1	Pair rubber boots/rainy day
	Extra pair of glasses or contact lenses (if worn)	1	Pair of sturdy hiking shoe or boot
		1	Pair of pool/lake sandals
	Optional:	1	Pair flip flops for showering
	Reading materials	1	Casual shoes for Shabbat
	Camera		
	Sunglasses		Toiletries:
	Sports equipment** (see below)	1	Comb or brush
	Lip balm	1	Shampoo / conditioner
	Bathrobe or Beach robe	1	Toothbrush & toothpaste with plastic cup
	Swimming goggles	2	Bars of soap with soap dish OR liquid body wash
	Small fan with batteries		deodorant
	Non-electronic games for bunk (i.e. Playing Cards, Mad Libs, Jacks, Checkers)	1	Bottle of sunscreen
	Musical instruments	1	Box of tissues
	Roller blades	1	Toiletry tote/caddy
	Twin-size egg crate	1	Insect repellent – NO AEROSOL!
	Plastic storage drawers unit for bedside		
	Water gun (Post-Visiting Day Water Fight)		
	Folding or stadium chair		
	Battery operated clock		

*Shabbat is a very special time at camp and Perlman's White Top Shabbat sets the mood with a fresh, peaceful and unified feeling on Friday nights. We encourage modesty in dress.

**Sports equipment is available for all camp athletic activities. If you prefer, you may bring your own gear from home— tennis racquet & balls, fishing rod, baseball glove, shin guards, cleats (no metal spikes), personal protection items. Campers interested in joining our baseball/softball teams may bring their own uniform pants; soccer team members should bring shin guards.