



Welcome - or Welcome Back - to the Perlman Camp Community!

The Summer 2010 experience is just around the corner! The full-time staff has been working hard to provide your child with the best possible Jewish summer camp experience. We've also scaled back the Parent Packet as a direct result of *your* feedback and our quest for continual success and improvement to our community. Please take a few minutes to read the *entire packet* and don't hesitate to contact our office with any questions that you have moving forward.

Please note a few updates to the packet:

- We've switched our Camper Communication System to ensure the best user-friendly technology available. Please make sure you log on to CampMinder to ensure that you will receive ALL our communication and updated media links throughout the summer. Use your CampMinder login to access and complete forms like the medical profile, camper profile, and travel form. You'll still need to print and take the medical checkup form into your Doctor, and you'll then submit it to the Winter Office.
- Through CampMinder Emailing, we will be providing 2 emails to your camper(s) per week. Make sure you take advantage of this wonderful opportunity during the summer!
- The Pioneer Program will have a separate Parent Packet out soon to discuss specific arrangements of the Israel trip and Pio program.

It is our sincere hope that this Packet is informative and gets you excited for your family's Perlman Camp experience. We are looking forward to hearing from you and seeing your children at Perlman Camp this summer!

Lewis Sohinki
Director

Pete Golden
Associate Director

Phil Liebson
Assistant Director

Brent Stoller
Registrar



PARENT PACKET - 2010

We are pleased to provide you with all the necessary information to prepare for camp. If you have any questions, please call the camp office at 301-977-0050 or 1-800-270-7375. It is most important that you adhere to all the deadlines, so that we can be prepared for your child.

All forms are available through CampMinder at: <https://perlman.campintouch.com/v2/login.aspx>

Please complete all forms by April 15, 2010 and submit all “paper” forms to the camp office:

B'nai B'rith Perlman Camp
 4 Professional Dr., Ste. 122
 Gaithersburg, MD 20879
 Fax: 301-977-0051
 E-mail: brent@perlmancamp.org

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Important Camp Dates:

Event	Date & Time
Final Tuition Payment Due	Postmarked by April 15, 2010
Forms Due	Postmarked by April 15, 2010
Visiting Day	Sunday, July 18 th
First Session Begins	Sunday, June 27 th *Campers should check bus stop information at www.perlmancamp.org
Rookie Session A Ends	Friday, July 9 th
First Session Ends	Friday, July 23 rd
Second Session Begins	Sunday, July 25 th
Rookie Session B Ends	Friday, August 6 th
Second Session Ends	Friday, August 13 th

Forms Explanation:

- All forms are available through your CampMinder login at <https://perlman.campintouch.com/v2/login.aspx>
- Please complete all required forms by April 15, 2010

Form Name	For Whom?	Notes
Physician's Form	All campers	Must be completed by a physician. Please do not wait until the last minute to schedule an appointment! (Physicals conducted in August 2008 & later are still valid – we just need a copy of it)
Health History	All campers	
Bunk Request	All campers (excluding Pios & SITs)	
Parent Authorization	All campers	Parent authorization for medical treatment; Copy of insurance card
Camper Interests	All campers	Help us get to know your camper better!
Camper Profile	All campers	
Transportation	All campers	How is your camper getting to and from camp?
Parent Vacation	Only complete if you plan to be away while your child is at camp	
Visiting Weekend Reservation	If you are planning on attending Visiting Day Family Weekend	Visiting Weekend: July 16 th – 18 th (Visiting Day: July 18 th)
Visiting Day – Not Attending	Only complete if you do NOT plan to attend Visiting Day	
Bar/Bat Mitzvah Tutoring	Only complete if your child will become a Bar/Bat Mitzvah this fall	
Birthday Bash	Only complete if your child will be celebrating a birthday at camp	

Packing List:

This list was developed to serve as a guide when packing your child for camp. It is based on normal camp usage and typical weather. Keep things simple and inexpensive. Clothing should be able to survive a commercial laundry and not require any special care. Mark each item with your child's full name. Be sure to label every item including toiletries, pillows, sports equipment and personal items.

Qty	Item	Qty	Item
	Required Bedding & Linens:		Clothing:
1	Warm blanket	12	Short-sleeved shirts
1	Pillow	6	Long-sleeved shirts
1	Sleeping Bag	12	Pairs of shorts
2	Twin fitted sheets	4	Jeans
2	Pillowcases	4	Sweatpants
4	Bath towels	14	Pairs of underwear
4	Beach towels	20	Pairs of socks
2	Face towels	4	Bathing suits
2	Laundry bags	2-3	Pairs of pajamas
		4	Sweatshirts
	Other required items:	1	Heavy jacket
1	Refillable Water Bottle	2	Shabbat outfits- see below
1	Flashlight & batteries	1	Hat or baseball cap
	Stationery & envelopes (pre-addressed preferred)	1	Hooded raincoat or poncho
	Stamps		
	Pens & pencil		Shoes:
		2-3	Pairs of sneakers
	Backpack or small duffel bag for overnights and day trips	1	Pair rubber boots/rainy day
	Extra pair of glasses or contact lenses (if worn)	1	Pair of sturdy hiking shoe or boot
		1	Pair of pool/lake sandals
	Optional:	1	Pair flip flops for showering
	Reading materials	1	Casual shoes for Shabbat
	Camera		
	Sunglasses		Toiletries:
	Sports equipment** (see below)	1	Comb or brush
	Lip balm	1	Shampoo / conditioner
	Bathrobe or Beach robe	1	Toothbrush & toothpaste with plastic cup
	Swimming goggles	2	Bars of soap with soap dish OR liquid body wash
	Small fan with batteries		deodorant
	Non-electronic games for bunk (i.e. Playing Cards, Mad Libs, Jacks, Checkers)	1	Bottle of sunscreen
	Musical instruments	1	Box of tissues
	Roller blades	1	Toiletry tote/caddy
	Twin-size egg crate	1	Insect repellent – NO AEROSOL!
	Plastic storage drawers unit for bedside		
	Water gun (Post-Visiting Day Water Fight)		
	Folding or stadium chair		
	Battery operated clock		

*Shabbat is a very special time at camp and Perlman's White Top Shabbat sets the mood with a fresh, peaceful and unified feeling on Friday nights. We encourage modesty in dress.

**Sports equipment is available for all camp athletic activities. If you prefer, you may bring your own gear from home— tennis racquet & balls, fishing rod, baseball glove, shin guards, cleats (no metal spikes), personal protection items. Campers interested in joining our baseball/softball teams may bring their own uniform pants; soccer team members should bring shin guards.

Perlman Camp T-shirts and Logo Items

Perlman Camp will provide your child with 1 camp shirt. These shirts will be worn for all out-of-camp activities (Wayne County tournaments, trips, etc). **You can also order Perlman Camp apparel 24 hours a day, 7 days a week through Cloz online at <http://www.cloz.com/perlman> or by calling 773-247-8879. Get your orders in now so you will have your Perlman gear for the summer!**

Laundry

Personal laundry and linens are sent to a commercial laundry once a week for each session. Rookie campers will have laundry service once during their two weeks. Camper laundry is returned folded and mixed with campers in their bunk. While the laundry service has been very good in the past, please remember that it is a commercial service. Please avoid sending expensive items or clothes that require delicate or special care. Once more, be sure to label every item with your camper's name. **Perlman Camp is not responsible for lost or damaged clothing.**

Valuables

Perlman Camp is not responsible for the loss or damage to any valuables brought by campers to camp. This includes clothing, portable electronics, digital cameras, radios, iPods, jewelry, sports equipment, etc. We strongly discourage campers from bringing any items of real or sentimental value to camp!

Food Policy

Perlman Camp WILL NOT allow any food in the bunk. If your child is sent to camp with food or if you send food in a package, it will be confiscated immediately. All confiscated food will be donated to the Binghamton Food Shelter.

Canteen Account

The canteen account is part of the tuition fee. Full season campers will begin with a \$125 credit; First and Second session campers will begin with a \$100 credit; Rookie campers will begin with a \$75 credit. You will be notified if your camper begins to approach their limit. You will be billed at the end of the camp season for any amount your camper spends over their above noted credit balance.

The canteen is used to purchase items at the camp store such as Perlman apparel, film, candy, soda, toiletries, etc. **Water jugs are placed around camp for the camper's convenience. Campers are asked to bring their own water container to camp. Please do not send bottled water to camp.**

In addition, campers will receive \$10.00 spending money from their canteen account for each out-of-camp trip they take.

While there is no need for your child to have money in camp, many children do bring extra money with them. We place all cash in the camp safe, and it is given to the children for out-of-camp trips when requested. Money should not be left in the cabin. **Camp is responsible for money or valuables placed in the safe, but assumes no responsibility for cash or valuables kept by the camper.** If you send

cash, please be sure your camper deposits it in their cabin's "valuables envelope," which will be collected by the counselor and put in the safe.

Medical Information

A complete medical history of your camper is the best assurance that we can offer the proper care for your child during the summer. Please fill out all forms, including the Health History and the Parent Authorization form. We strongly suggest that you consult with your physician regarding your child's immunizations to make sure they are current.

Please note that we will make every effort to treat your child at our camp health center, which is staffed 24/7 by registered nurses and a doctor in residence on camp. There is a full service medical clinic near camp.

Insurance

In the event of a camper medical situation necessitating outside treatment (requiring medical insurance coverage), we will begin the treatment process with the insurance information that we have on file for your child. Please make sure that you complete all necessary camper insurance information on our forms. Also, please make sure that you include a legible copy (front/back) of your camper's private insurance card or cards on the Parent Authorization form. Should you need any assistance in processing the claim after camp, please do not hesitate to contact our camp office for information.

Dental & Optical

Dental care or optical needs are not covered by our camper insurance. Charges for the repair/replacement of glasses or lenses or dental work will be billed directly to the parent. A dental exam is advised prior to camp. It is also advisable to attach a copy of your child's lens/glasses prescription to their health form and to send an extra pair of glasses to camp with your child.

CampMinder

As you know, we have switched to the online camp management system, CampMinder. Through CampMinder, you will be able to:

- Access and view password-protected photos and newsletters, including a nightly Director's Report
- Create personal photo albums and special features
- Send pictures to friends and family via e-mail alerts
- Create a unique e-mail address for each camper
- Send unlimited e-mail messages that are printed and delivered with your camper's mail

Each family has a unique login and password. Contact the camp office if you have not received this information, or if you are having trouble logging in.

Please note that CampMinder has replaced Bunk1 for our summer services

Communicating With Your Child

U.S. mail and faxes are delivered to campers Sunday – Friday after lunch. No mail or faxes are delivered during Shabbat.

U.S. Mail:

Mail from you and other friends and family is very important to your child. Please write often. It's a great idea to have a letter sent before your child arrives. You will receive an e-mail on the first night of camp noting your child's safe arrival, as well as bunk information. Once you know your child's cabin, please include it on the envelope. The proper way to address an envelope to your camper is:

Camper's Name
Bunk (ex: B1, G3, Pios)
B'nai B'rith Perlman Camp
661 Rose Hill Rd.
Lake Como, PA 18437

Campers are required to write a letter twice a week. Please make sure you send your child with envelopes, stamps, paper, and a pen or pencil to write these letters. Please don't be alarmed if you don't hear from your child for several days; the post office near camp traditionally takes longer for outgoing mail!

If you receive a homesick letter, don't panic! It takes many children several days to become acclimated to their summer surroundings. If your child is homesick for more than several days, we'll contact you to discuss the situation. The best way to deal with homesickness is to assure the camper that they will be staying until the session is over. You'll be amazed at how quickly the camper gets over being homesick when they know they'll be staying! If you have questions or concerns in this regard, please give us a call at any time.

Telephone Calls:

An important part of camp for your child is being away from home and learning to function on their own. For this reason, phone calls to or from home are not permitted, except in case of emergency or special occasion (birthday). **In case of emergency call our summer office at 570-798-2744.** Also, please note that our voice mail is on during meal times. **If you have an emergency and get the voice mail, just follow the instructions and dial the number provided to reach the camp director 24 hours/day.** Please understand that during the day, your child will be "out and about" the camp grounds. It is not always possible to get your child to a phone immediately. Due to the sheer volume of potential calls, campers will NOT be able to call home for parent or sibling birthdays, anniversaries, etc.

Faxes:

You can send an unlimited number of faxes to your child for FREE, so please write often. Campers can also send an unlimited number of free faxes home. Once you know your child's cabin, please include it in the address field. The best way to address a fax to a camper is:

Camper's Name
Bunk (ex: B1, G3, Pios)
Fax: 570-798-2988

E-mail:

Parents can send 1-way e-mails to their campers through CampMinder. E-mails will be delivered with your camper's mail, and campers will have the ability to hand-write a response that will be delivered to your CampMinder account. CampMinder uses "CampStamps" (similar to Bunk1's Bunk Notes) as currency. **Perlman Camp has purchased 2 CampStamps per parent/per camper for each week your child will be at camp.** In other words, if 2 parents have 3 kids they will each receive 2 CampStamps per week for each child. Therefore, EACH PARENT has 6 CampStamps per week. So be sure to take advantage of these free e-mails every week!

Packages

Perlman Camp does not accept packages sent to campers at camp unless they are non-food items. This is due to Perlman Camp's health and kashruth policies. Most items you would send your camper are available at our canteen. This policy is in place for the safety and health of campers and staff. Please share this information with grandparents, aunts, uncles, siblings and friend, so they will not be disappointed when food items are not delivered to your camper. Camp reserves the right to inspect and confiscate any and all prohibited items if the package is not sent from one of the following approved vendors:

Recommended Package Vendors:

Wrinkled Egg; www.thewrinkledegg.com; 800-736-3998

Camp Pacs; www.camppacs.com; 800-248-2267

Sealed with a Kiss; www.eswak.com; 800-888-7925

What if my child forgets something at home?

Please contact the camp office if your child forgets something at home and it needs to be sent to camp.

Unscheduled Camper Leaves

Once camp begins, campers may not leave for special occasions (weddings, etc.). If you feel you have extenuating circumstances, please call us prior to camp. No camper can leave camp without written permission from a parent or guardian.

Visiting Day

Visiting Day itself is held on that Sunday, July 18th. Visiting Weekend begins for parents on Friday, July 16th at 5 pm. If you plan to attend, download the Visiting Weekend Reservation form and be sure to attach your payment. No other visitation is allowed at camp.

Confidential Camper Profile Form

The Camper Profile requests personal information about your child. Please understand how invaluable such information can be in assisting us help your child make as smooth and as happy an adjustment to camp as possible – something we know all parents want, as well.

Some parents hesitate to provide camp with personal information about their child's behavior or past experiences. Some fear that the information may be misused, while others are concerned about their

child being labeled, singled out or treated differently. All parents want to see their child have a strong, fresh start at camp, unencumbered by past problems.

However, having prior knowledge about a learning disability, ADHD, a bed-wetting problem, medications, past or current therapy, or a recent loss or major change in the family or the child's life makes a tremendous difference in helping us be sensitive to your child's need for patience, understanding and reassurance, especially during the first few days of camp.

This is especially true for children who are nervous about new situations. Many parents fear a camp will not accept their child if they are completely forthcoming about these situations, yet children need us to be partners with you in planning for a safe and successful summer.

This information will never be used at camp unless necessary, and then only with the greatest discretion and sensitivity.

Birthdays at Camp

If your child has a birthday while at camp, we know about it! Each birthday is celebrated at camp including singing, cake and other sorts of festivities planned by our staff and fellow campers. A phone call will be arranged for the morning of the birthday camper at approximately 8:15 a.m.

Extension Option

First session campers will have the option to extend for the full summer, and Rookie campers will have the option to extend for the rest of their session or the full summer. All Rookie families will receive a weekly update about your child's progress. For parents who allow their camper to have the choice to continue on, we will discuss this option by phone during these weekly updates.

Bar/Bat Mitzvah Tutoring (\$10/lesson – enclose payment)

Perlman Camp can provide tutoring for campers who will celebrate their occasion through the end of October for one weekly 20 minute lesson at a cost of \$10/lesson. Campers should bring all materials with them to camp and are urged to spend time on their own preparing for their tutoring session. If you wish to have your child tutored, please fill out the form (under Forms & Documents) and enclose your check.

Bunk Assignments

Cabins are not assigned until just a few days before campers arrive and are not announced prior to camper arrival. Cabin assignments are based on mutual requests only.

Camper Behavior and Code of Conduct

At B'nai B'rith Perlman Camp, our policies are in place for the safety of all campers and staff. We hope to foster an environment where campers behave respectfully and appropriately at all times, both in and out of camp. Adherence to the rules allows us to provide an exciting, fun and safe summer for everyone.

Violations of these policies or codes, as listed below, can result in immediate dismissal without refund and at parent/guardian expense at the Director's discretion.

- Endangering the health and/or welfare of yourself, campers or staff in any way whatsoever.
- Possession or use of any of the following, including but not limited to: weapons, tobacco products, lighters, matches, drugs, or alcohol.
 - Altering physical appearance, including but not limited to: body piercing, tattoos, haircuts, hair coloration, etc.
 - Participating in raids or pranks.
 - Leaving the cabin after camper curfew.
 - Boys found in girls' cabins and/or girls found in boys' cabins.
 - Damaging, destroying, defacing or stealing property belonging to camp or other campers or staff.

The following items are NOT allowed at camp:

- Cell phones
- Computers
- Walkie-talkies
- Pets
- Weapons
- Video Cameras
- Hot pots
- Vehicles
- Any item that could endanger the health, safety, or welfare of campers or staff.
- Food

Staff Gratuity

Our staff members are hardworking and dedicated people who are selected for their skills and integrity. They have been instructed and agreed to not accept any gifts or monies from parents in accordance with the American Camping Association guidelines and professional ethics. In order to be fair to all staff, a gratuity fund has been established and recommended amounts are listed on the application and are added to your tuition bill.

Luggage

Vehicles for luggage are provided with bus service on June 27th and August 13th. If you choose to send your child's luggage by UPS prior to camp, allow two weeks for delivery. Be sure that you mark the luggage outside and include a card inside with your camper's name and address. If you are flying, check size and weight limitations, as there may be extra charges.

Trunks

Campers do not need trunks, as they are very bulky and difficult to store during the camp season. Duffel bags or suitcases are preferred. Luggage will be stored for the children once they unpack. Be sure to send your camper with any necessary keys if the luggage is locked!

Transportation

We will be providing bus pick-ups for First Session campers (sessions: Full, First and Rookie A) only. We will be providing bus drop-offs for end of First Session and end of Second Session. Bus pick-up and drop-off locations can be found at www.perlmancamp.org.

CampMeds

Pre-packaged Medications for Campers

This summer, B'nai B'rith Perlman Camp will continue work with *CampMeds, Inc*, a pre-packaged medication program to dispense and package your child's medication for camp. Camp families are required to register with *CampMeds* if your child takes medicine in pill form while at camp. The *CampMeds* pharmacy will dispense all of your child's prescription and non-prescription pills taken daily or as needed. This includes vitamins. All pills will be dispensed and individually packaged in sealed packets labeled with your child's name, medication name, dosage, date and time to be given. Medication not in pill form (liquids, inhalers, drops, etc), can be dispensed as well. Our system ensures that each camper receives their correct medicine at the correct time. All medicine will be shipped to camp prior to your child's arrival.

What you need to do:

1. Register on www.CampMeds.com (you may register prior to obtaining prescriptions)
2. When asked to enter first 3 letters of camp name, enter **P E R**
3. Note the Camper ID # you will receive when registered. Print out receipt at the end registration.
4. Obtain original prescriptions written for 30 day increments. (Refer to FAQ #11)
5. Write Camper ID # on top corner of prescriptions. *Do not send us medication, only the written RX
6. Prescriptions are filled as written. It is your responsibility to confirm all prescriptions are written correctly; exactly how and when your child takes the medication (daily or PRN), that the correct med is prescribed and the dosing is correct. (Refer to FAQ #2 and #15).
7. If your child attends camp over 30 days, prescriptions must have a refill. Unused meds are sent home from camp
8. For Controlled Substances: If your child is staying longer than 30 days, law requires a new prescription for each 30 day supply. Two separate 30 day Rx's are required for Controlled Substances. No refills and only 30 days of meds should be written on the prescription. Send all prescriptions together
9. Non-prescription meds/vitamins; physician's authorization or written directions by parent required.
10. Include a copy of both sides of your insurance/prescription card.
11. Mail prescriptions, registration receipt and copy of insurance card directly to:

CampMeds
PO Box 267037
Ft. Lauderdale, FL 33326-7037

Fees: There is a one-time registration fee for the entire summer which will be charged to your credit card immediately upon registration. Fees are per camper, not prescription, and do not include the cost of medicine.

- Fee for campers attending *up to 30 days of camp* is \$50 including shipping
- Fee for campers attending *over 30 days of camp* is \$60 including shipping

Deadlines: Children attending camp **June 27**; above items must be received no later than **May 27**. Children attending camp **July 25**; above items must be received no later than **June 25**. **A \$25 late fee will be charged to your credit card if any of the items above are received after deadlines.**

Please be aware that your credit card will be charged the shipping cost for any med change or if additional meds are ordered and sent to camp after your initial medication and/or refills have been sent.

Email Notification: You are notified by email when *CampMeds* receives your online registration, when your prescriptions are received and when meds are sent to camp. Contact us if you do not receive a confirming email within one week of sending prescriptions.

Insurance/Prescription Meds: The *CampMed's* licensed pharmacy partner accepts most insurance plans. They will verify your insurance upon registration and submit to your plan once camp begins. You are responsible for all co-payments, deductibles and meds not covered by your insurance. ****All of your med charges will appear on your credit card statement from the Pharmacy usually after your child returns home.** You are responsible to notify *CampMeds* of any changes to your credit card and/or insurance plan. If the pharmacy is not a provider for your plan, we will notify you to arrange alternative arrangements.

OTC Items and Meds Not Covered by Insurance: Will be charged to your credit card by the Pharmacy.

Please refer to our website www.CampMeds.com for registration and important details. For questions contact *CampMeds* at 954-577-0025 or info@CampMeds.com. Please review the following FAQ's.

CampMeds
FREQUENTLY ASKED QUESTIONS

1. Exactly which medications am I required to have *CampMeds* dispense?

- All pills and vitamins *except* the following: dissolvable pills, Accutane, Lactaid (taken only as needed), birth control pills
- *CampMeds* does NOT dispense insulin or growth hormone injection
- Most camps stock drugs such as Tylenol, Advil, Benadryl, etc; you do not need to have *CampMeds* dispense those typical items if they are only taken "as needed".
- If your camper takes herbal/specialty vitamins, please contact *CampMeds* to determine if they can be packaged.

2. How can I be sure the meds will be packaged exactly the way my child takes them?

It is your responsibility to check that the written prescription is written correctly. If the med is to be taken daily, the prescription should be written for every day with the time of day, such as morning, with lunch, etc. If the med is to be given at bedtime, the prescription must specify. If a prescription is written as "once a day" with no specific time, the medication will be packaged for the morning. If the med is taken only "as needed" (PRN), the prescription must be written to specify only "as needed".

3. Do I need to register my child again if I registered last summer?

Yes, you need to register for this summer and your child will be assigned a new Camper ID.

4. Will the pharmacy accept my insurance?

Our pharmacy partner is contracted with most insurance plans however, until you submit your online registration form with complete insurance information, your plan cannot be verified for billing. We will contact you if the pharmacy is not on your plan. You will not be required to participate in the *CampMeds* program if your insurance will not pay for medicine dispensed by our pharmacy. It is *CampMeds* responsibility to verify the pharmacy is an in network provider for your insurance plan. You will be responsible for co-payments, deductibles and any over-the-counter requests not covered by insurance. If you have an insurance change, please email the updated insurance to *CampMeds* in order to avoid the credit card charges for the full cost of medication. Any credit card charges from the pharmacy will appear as a separate charge *after* your child returns from camp.

5. Will my co pay be the same from the *CampMeds* pharmacy?

Our pharmacy partner will confirm that they are a participating provider for your insurance plan once you have registered at www.campmeds.com. This will ensure that your co pays will be the same as you pay at your local pharmacy. You will be notified if we are NOT a provider for your plan. Since we will NOT submit to your insurance until your child arrives at camp (a courtesy that enables refills prior to camp if needed), there is no way for the pharmacy to determine in advance if the medication your child will be prescribed and/or the dose that is prescribed will be covered by your insurance, or if a prior authorization from the physician will be required for a particular medication prescribed. *It is your responsibility to contact your insurance to confirm all medication and dosages will be covered.* Please keep in mind that insurance plans change frequently, so it is a good idea to contact your prescription processor prior to mailing your child's prescriptions to *CampMeds*.

6. What if I use a mail order pharmacy or have a 90-day prescription plan?

Usually our pharmacy can only dispense a 30-day supply of meds. You will be responsible for a 30 day co pay determined by your insurance plan. Please register at www.campmeds.com and follow instructions below:

- After registering, fax *CampMeds* a copy of both sides of your insurance card that covers the meds and note that you use a Mail Order pharmacy for your child's medication. You must also reference the Camper ID you will receive at the end of registering.
- List the medications and dosages to be dispensed
- We will confirm that our pharmacy is a participating provider for your insurance plan and that we can dispense a 30 day supply of meds.
- If medication is needed prior to camp, count the number of days your camper will need before camp and request only that number of days be filled for home use.
- *CampMeds* will contact you to discuss details. If we are unable to dispense meds for your child, your registration fee will be refunded.

7. What if my child's medication needs to be refilled while at camp?

Medication prescribed for "daily" use is automatically refilled by our pharmacy and sent to camp for campers attending over 30 days. Prescriptions must be written with refills. **PLEASE NOTE:** Refills will be billed 30 days after the initial billing. Do NOT refill your child's medicine while at camp. This will cause your insurance to reject our pharmacy submission of your child's medication claim, and you will be charged full price for meds dispensed. Once your camper finishes any unused meds brought home from camp, along with any meds left at home prior to camp, you may then refill your child's medication. You will fall right back in to your refill cycle!

8. How are "as needed" medicines packaged?

CampMeds will pre-package "as needed" (PRN) medicine separately from daily meds. Your child will go to the nurse for these medications when he/she needs them and they will be refilled only if necessary.

The camp nurse will contact *CampMeds* if a PRN med needs to be refilled. Unused meds will be sent home at the end of camp.

9. What if I need to fill a prescription for my child *before* camp starts?

You may refill your child’s medication anytime before camp, if necessary. In order to help ensure that medications for camp will be covered by your plan, please request **only the amount of medication needed at home** before camp begins. The pharmacy will not bill your insurance until camp begins.

10. I can only refill my child’s medicine when he is down to his last pill. How can the pharmacy send the meds to camp before a refill is due?

The pharmacy will dispense the meds and send to camp prior to your child’s arrival, but will not submit to your insurance until the day your child begins camp. If need be, the pharmacy will request a vacation override from your insurance company. On occasion, the pharmacy will to resubmit the claim form on the appropriate date for reimbursement. Med charges will not appear on your credit card until your child returns from camp.

11. Why don’t you dispense meds for the exact days of camp, rather than in 30 day increments?

Most insurance plans only reimburse for 30 days of meds per month, and you the insured, usually pay a co pay for each 30 day supply. If the Rx is written for less than a 30 day supply, your co pay will be the same cost as a 30 day supply. If the Rx is written for a 40 day supply because your child attends camp for 40 days, we will dispense a 30 day supply. The refill will be dispensed for the remaining 10 days which will cost the same as a 30 day supply.

12. Will non-prescriptions cost the same as I pay at my pharmacy?

The pharmacy is competitive in pricing however, there is no way to know if you will pay a few dollars more, or a few dollars less.

13. Can a half of a pill be packaged? Yes

14. My child takes a different dose of the same medicine every other day. Can it be packaged that way? Yes

15. Will the pharmacy dispense generic or brand?

Unless the prescription specifies “Brand Only”, “Brand Medically Necessary” or “Do Not Substitute”, the pharmacy will dispense generic. It is your responsibility to confirm the prescription is written correctly.

16. What if my child takes a “Controlled Substance” such as Concerta or Adderall?

An original prescription is required. For campers staying more than 30 days, an additional prescription for a 30 day supply of meds is required. It is against the law for a “controlled substance” to be refilled. Please send a separate prescription for every 30 day supply. All prescriptions for the child’s camp stay should be received by *CampMeds* at the same time. Please visit our website at www.campmeds.com for a detailed letter you may give your physician on controlled substance prescriptions to be dispensed by the *CampMeds* pharmacy. You may explain that we can accept two separate 30 day prescriptions written for the same date, but they will only be dispensed one month at a time. The physician may write both prescriptions each with a different date.

17. What if my child is placed on a prescription or non-prescription daily medication *after* the deadline date to register and submit prescriptions has passed?

CampMeds will always accommodate all campers at anytime. You may be asked to send your child with a small supply of meds as back up and the \$25 late fee will apply.

18. When will the pharmacy charge me for my camper's medications? Since our pharmacy partner will not submit to your insurance until camp begins, you may not receive a charge on your credit card until AFTER your camper returns home. Please notify us if your credit card information changes during the summer.

One Last Reminder...

All forms are due by April 15, 2010

Please log into CampMinder to complete your forms, and send in all
“paper” forms to:

4 Professional Dr., Ste. 122

Gaithersburg, MD 20879

Fax: 301-977-0051

E-mail: brent@perlmancamp.org

We are looking forward to a great summer!!!